METACOGNITIVE STRATEGIES:
listening to the voice in your mind that speaks while you read

Monitoring Comprehension: knowing when you know, knowing when you don't know

Activating and Connecting to Background Knowledge: making connections between the new and the known

Questioning: generating questions before, during, and after reading that lead you deeper into the text

Visualizing: creating mental images to deepen and stretch meaning

Inferring: combining background knowledge with information from text to predict, conclude, make judgments, interpret

Determining Importance in Text: deciding what matters most, what is worth remembering

Summarizing and Synthesizing Information: extracting essential ideas, and merging the information with your existing knowledge to shape it into your own thoughts